

## English – Body Idioms

- to give somebody a **hand** to help somebody
- to put your **foot** in it to say something inappropriate
- to pull somebody's **leg** to joke with somebody (not offensive)
- to be on the tip of your **tongue** to have difficulty to remember something
- to have cold **feet** to be nervous about something
- to have butterflies in your **stomach** to be worried about something
- to break somebody's **heart** to hurt your partner emotionally
- can't get a song out of your **head** can't stop thinking about a song
- to know by **heart** to know something by memory
- to get something off your **chest** to share a problem



### Exercise:

*leg*                      *stomach*                      *heart*                      *chest*                      *hand*  
*tongue*                      *feet*                      *heart*                      *head*                      *foot*

1. You're pulling my \_\_\_\_\_! You can't be serious!
2. I can't get that Katy Perry song out of my \_\_\_\_\_!
3. Could you give me a \_\_\_\_\_ with my homework?
4. You really put your \_\_\_\_\_ in it when you told Peter that Jane likes him!
5. The test is on Friday – I have butterflies in my \_\_\_\_\_.
6. I can't remember his name – it's on the tip of my \_\_\_\_\_.
7. Jim doesn't know if he should marry Eliza, he has cold \_\_\_\_\_.
8. My son knows all the names of the dinosaurs by \_\_\_\_\_.
9. When Susan broke up with Dave, she broke his \_\_\_\_\_.
10. Can we talk? I need to get something off my \_\_\_\_\_.

Here are some more body idioms/expressions:

- to **head** a committee
- to **eye** somebody
- to **nose** around
- to **mouth** the words
- to **jaw** at somebody
- to **neck** in the cinema
- to **shoulder** the weight
- to **elbow** your way in
- to **hand** somebody something
- to **finger** somebody
- to **knuckle** under
- to **thumb** a lift
- to **stomach** something
- to **rib** somebody
- to **knee** somebody
- to **leg** it to somewhere
- to **heel** on command
- to **foot** the bill
- to **toe** the line